



The Portland Montessori School

April 2024

Preschool Promise & Toddler Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Veggie Nuggets	Quesadillas	Chickpea Noodle	Chickpea Curry	Cheese Pasta
Mashed Potatoes & Turnips	Avocados	Soup	w/ Kale	Broccoli
Asparagus	Cherry Tomatoes	Crackers	Brown Rice	Peas &
Carrots	Refried Beans	Pears	Green Beans	Carrots

Milk is served with lunch everyday.